

The Proper Way to Remove Disposable Gloves



Contaminate



Remember to touch only outside to outside & inside to inside of gloves when removing.

Partially remove first glove by carefully pinching outside of glove below wrist.



Pull glove toward fingertips turning it inside out as you go but don't pull it all the way off yet.



Partially remove second glove with the still covered fingers of the first glove. Pinch outside below wrist.



Pull second glove off but still hold it with the gloved fingers.



Finish removing both gloves by taking the ungloved hand and grasping both gloves & pulling the last of the first glove off. Be sure to only touch the inside of the gloves.

If uncontaminated, discard in marked container. If contaminated, follow current emergency protocol for proper disposal. Please notify your supervisor whenever you have itching, reddening or swelling of the hands due to glove use.